

Healthy Students = Better Learners

School Health and Wellness

Ambassador Program



Next Meeting—
Tuesday
January 19th 2016
3:00

Doherty High

All are welcome if
you want your
school have
WELLNESS!

*Healthy students are better learners. That is why we would like to identify one or more parent, staff, nurse and student **from each of the WPS middle and high schools to be part of a school health ambassador team.** Each team will work to promote wellness within their school.*

What we do:

Promote Healthy activities for parents, students and staff in their school.

How do we do it?

- Advocate for Health.
- Highlight best practices in Health.
- Provide informational resources for students, parents and staff at your school.
- Submit ideas and activities to the WPS Wellness Web Page and school newspapers/newsletters.
- Educate the school community about WPS Wellness Policy.
- Meetings throughout the year.

For more information or to join:

Please contact Carol Manning at 508 799 3075 (manningc@worc.k12.ma.us)