Dear Families

Wow, time flies! The years before kindergarten are full of new learning and development. Enjoy this time together. Here’s what teachers love to see in Kindergarten. On the back are some fun ways to help your child build these skills. We can’t wait to meet your child!

My child can...
- Take turns
- Express emotions
- Play well with other children

My child can...
- Ask questions
- Listen to me read a story
- Identify some letters and numbers

My child can...
- Be independent
- Be curious
- Be excited to learn

My child can...
- Take turns
- Express emotions
- Play well with other children

My child can...
- Have a conversation
- Speak in complete sentences
- Understand what is happening in a story
- Draw pictures
- Hop, skip and jump
- Pick a healthy snack

My child can...
- Be independent
- Be curious
- Be excited to learn

My Child

Physical Development and Well-Being

Language and Communication Development

Cognitive Development & General Knowledge

Social and Emotional Development

Approaches to Learning

For information on playgroups and programs contact: 508.799.3136 or visit http://www.worcesterschools.org/worcester-family-partnership.
Ready, Set, Go!
How can you help your child get ready?

- **Talk**
  In your home language, describe what you are doing. Talk about what you see on walks and rides. Ask questions to start conversations with your child. Tell stories.

- **Read**
  Start with just 20 minutes every day. Visit the library once a week. Read favorite stories again and again...and again!

- **Sing**
  Sing favorite songs together. Sing while you work. Make up silly songs. Play with rhymes. Play music.

- **Move**
  Dance, run, jump, hop and skip. Visit parks. Go on walks. Play outside every day.

- **Write**
  Let your child watch you write lists and letters. Encourage her to try. Draw pictures together.

- **Eat Healthy**
  Try new fruits and vegetables. Grow a garden. Travel to a farmer’s market. Cook together. Make a chart of your child’s favorite healthy snacks as you try new ones together.

- **Encourage**
  Children love to try to do things themselves. Let your child try zippers, buttons, and serving himself at meal time.

- **Join Your Child...Play Together**
  Children learn best through play. Play lots of games, build forts, play hide and seek, build block towers, or dig in the garden. Have fun together!

For more fun ideas go to [www.earlychildhoodcentral.org](http://www.earlychildhoodcentral.org), [www.toosmalltofail.org](http://www.toosmalltofail.org), or [www.brainbuilding.org](http://www.brainbuilding.org).