

FREE AFTER-SCHOOL PROGRAMMING REGISTER TODAY!, FEBRUARY - MAY 2016



ACADEMICS, ARTS, ATHLETICS

CHANDLER ELEMENTARY SCHOOL

114 CHANDLER ST. WORCESTER, MA

TUESDAY & WEDNESDAY

4:00 PM - 8:00 PM

CLAREMONT/WOODLAND ACADEMY

93 WOODLAND ST. WORCESTER, MA

TUESDAY & THURSDAY

3:00 PM - 7:00 PM

GODDARD SCHOOL

14 RICHARDS ST. WORCESTER, MA

MONDAY 3:00 PM - 7:00 PM

SATURDAY 10:00 AM - 2:00 PM

QUINSIGAMOND ELEMENTARY SCHOOL

14 BLACKSTONE RIVER RD.

TUESDAY & THURSDAY

3:00 PM - 7:00 PM

WORCESTER EAST MIDDLE SCHOOL

420 GRAFTON ST. WORCESTER, MA

TUESDAY & THURSDAY

4:00 PM - 8:00 PM

ELM PARK COMMUNITY SCHOOL

23 NORTH ASHLAND ST. WORCESTER, MA

***Special programming**

FOR MORE INFORMATION CALL: (508) 799-1316 E-MAIL: YOUTH@WORCESTERMA.GOV

WWW.WORCESTERMA.GOV/RECREATIONWORCESTER



THIS PROGRAM IS GENEROUSLY SPONSORED BY THE CITY OF WORCESTER |
THE WORCESTER PUBLIC SCHOOLS | WORCESTER EDUCATION DEVELOPMENT FOUNDATION |
JENNY TRUST FUND | OFFICE OF DISTRICT ATTORNEY JOSEPH D. EARLY





ACADEMICS, ARTS, ATHLETICS

Recreation Worcester-Pilot Academic Program

Program Overview

This summer, the City of Worcester ran a highly successful, free recreational program in eleven parks across the city. Recreation Worcester retained more than 1,500 youths ages 7-13. Turnout rates were consistently strong as youths participated in a number of positive, healthy – and even educational – activities. Following these successes the City will be expanding the five week summer program to a year-round after school opportunity.

Recreation Worcester has taken on a slightly different form by moving from area parks to schools across the city. Through after-school programs, students grades 3-12 will engage with volunteers, on-site personnel and other community partners in enriching, recreational, and academic programming. By enhancing these community partnerships through programming, Recreation Worcester aims to develop linkages between youth and community leaders through mentorship.

Vision

For every youth in the city to be engaged in a healthy, safe, and productive lifestyle within the community that they grow, work and play.

Mission

Recreation Worcester strives to coordinate and supervise city-wide, community-oriented recreation and educational opportunities for young people. Our goal is to allow students to grow academically, athletically, and artistically while engaging with community members.

Program Goals and Objectives

Short-term goals:

- Provide a fun and safe environment for youths during after school hours
- Provide positive interactions with adult role models
- Introduce and engage youths in positive recreational, cultural, artistic, dramatic, and academic pursuits
- Encourage the development of life skills and respect for others and the community

Distal goals:

- Decrease youth violence and violent crimes
- Increase health and fitness for youth
- Support an active learning environment in the Worcester Public Schools system
- Build trust between youth and community leader

Operational Update

In its first two weeks Recreation Worcester received upwards of 400 registrations and nearly 1,000 daily visits across all sites. The early success of Recreation Worcester serves as evidence of the deep need throughout Worcester for comprehensive and affordable after-school programming. In order to provide the highest quality programming for all of Worcester's youth, Recreation Worcester is continually looking to partner with community institutions in order to expand the reach of workshops and programs already in existence across the city.

Program Structure

Dates of Operation: February 1st-May 26th

Locations/Dates-Times:

Worcester East Middle: Tuesday & Thursday 4:00PM-8:00PM

Goddard Elementary: Monday 3:00PM-7:00PM Saturday 10:00AM-2:00PM

Claremont Academy: Tuesday & Thursday 3:00PM-7:00 PM

Chandler Elementary: Tuesday & Wednesday 4:00PM-8:00PM

Quinsigamond Elementary School: Tuesday & Thursday 3:00PM-7:00PM

Elm Park Community: (Special programming)

Sample of a day schedule

2:45 PM

3:00 PM-4:00 PM Group A

3:00 PM-4:00 PM Group B

4:00 PM-4:10 PM

4:10 PM-5:00 PM Group A

4:10 PM-5:00 PM Group B

5:00 PM

Sign-in Grades 3-6/7

Tutoring or Academic Games

Arts Program or Recreation Activity

Transition and Snack Served

Arts Program or Recreation Activity

Tutoring or Academic Games

Dismiss Grades 3-6/7

5:00 PM

5:00 PM-5:10 PM

5:10 PM-7:00 PM

Sign-in Grades 6/7-12

Dinner Served

Choice Block (Arts, Academics or Athletics)

Programming

In collaboration with external partners, Recreation Worcester will offer students a wide range of enrichment and recreation activities as well as academic support services. As the program builds, the scope and variety of offerings will increase to serve more students and provide a menu of options for participants. During the first three months, the program director will implement best practices, policies and procedures and create a foundation for program expansion. Scalability is critical to the success of this program in order to keep students engaged and excited. Site administrators will provide continual feedback to the Program Director to ensure program offerings meet the needs and expectations of all participants and result in the program's identified goals, objectives, and outcomes.

Examples of programming:

1. Arts (coloring, dance, drawing, painting, music)
2. Academics (healthy behaviors, homework sessions, prevention)
3. Athletics (Open Gym, different sports activities, etc.)
 - a. Worcester Soccer House Clinic- Saturday at Goddard

Staffing Structure

Program director- The Worcester Recreation program will be headed by the program director that is a staff of the city manager's office and will serve as a liaison with the site administrator as well as with the Worcester Public Schools and outside partners. The program director will be the point person for any issues at the sites around the city. They will manage and provide instruction for the drop-in after school program. The program director will supervise part time staff and volunteers and will communicate with families and schools. They will also continue to work on funding opportunities and possible partnerships to bring in for programming. Their job is to be available during the programming and to also work full time on program matters. The program director will run staff meetings and develop the curriculum with each site leader. Finally, the program director will ensure all staff is trained.

Site administrators –Recreation Worcester will be managed by site administrators at each site who will be responsible for management and implementation of Recreation Worcester programming. This position will work closely with the Worcester Public Schools and the City of Worcester to implement athletic, academics and arts program from grades 3-12. This position will require supervision and coaching of staff and volunteers that will execute programming. This position will also have to be fully trained by the standards of the Worcester public school site administrator standards.

7 Site Administrators (\$39.95 per hour)

Head Recreation Leader- Head Recreation leaders will be responsible for helping the site administrator manage and implement the programming of Recreation Worcester. This position

will work closely with the Worcester Public Schools and the City of Worcester to implement athletics, academics and arts program for various age groups between grades 3-12. Responsibilities for this position will require working closely with the site administrator on communication to families about programming, communicating policy and procedures to staff, volunteers and youth; and working with city employees to ensure quality of programming and safety of youth. The head recreation leader will help track attendance for the program.

5 Head Recreation Leaders (\$11 per hour) (Looking to hire one more)

Assistant Recreation Leader- Recreation Worcester Assistant Recreation leaders will be responsible for running programming. This position will work closely with the Worcester Public Schools and the City of Worcester to implement athletic, academic and arts program for various age groups between grades 3-12. Responsibilities for this position will require supervision and coaching of volunteers that will execute programming, communicate policy and procedures to volunteers and youth, maintain a safe and clean environment and work with city employees to ensure quality of programming and safety of youth.

5 Assistant Recreation Leaders (\$10.75 per hour) (Looking to hire one more)

Volunteers- The volunteers are critical to the operation of the Worcester Recreation program. The program director is working with local organizations including area colleges and universities to identify individuals interested in youth development and providing a public service to the city's students. Volunteers will have the main job of working with the youth directly and running programming at the site. Their job will be to facilitate their groups and make sure all the students are accounted for. They will work directly with paid staff and the site administrator to run specific programming at their site.

5 Volunteers from Worcester State University (3 at Chandler Elementary, 1 at Goddard Elementary and 1 at Woodland/Claremont)

5 Volunteers from Holy Cross (All at Quinsigamond Elementary)

Staff per site:

School	Site Administrator	Head Recreation Leader	Assistant Head Recreation Leader	Volunteers
Chandler Elementary	1	1	1	3
Goddard Elementary	1	1	1 (Saturday 2)	1
Quinsigamond	2	1	2	5
Worcester East Middle	1	1	1	0
Claremont/Woodland	2	1	1	1
Elm Park	We do not provide staff			

Training

The paid staff and program director will attend extensive job training through the Public Health system. They will be trained on topics including but not limited to: mandated reporting, positive

youth development, staff/volunteer supervision, program policy and procedures, First Aid/CPR, and ethics and boundaries.

There will be one day of training for volunteers that sign up for the program. Training will be mandatory for volunteers even if joining the program after its launch. Examples of training for volunteers are: structure of the program, mandated reporting and positive youth development. It will be the program director's responsibility to ensure all staff members are trained.

Student Outreach

Promotion of this program will be through the WPS, Community Based Organizations, Businesses (flyers, newsletters, etc.). Promotion will also be through the City of Worcester social media platforms.

Food

Food will be provided to all youths that participate in the Recreation Worcester Program. Food will be served as the students are leaving the first session and joining the next session. The food is provided by the Worcester Public Schools.

Policies and Procedures

The policies and procedures handbook will be at every site with the site leaders.

Fees

This pilot program is a two day a week program, free of charge.

Funding

Funding is was possible because of private and public contributions for youth after school programming.

Transportation

Transportation will not be provided by Recreation Worcester. Parents will have the option to select whether their child walks home or is picked up.