## Response

The professional development for administrative staff in August was well received.

Dr. Heather Forkey presented August 12,2019 to principals, "All the Fright We Cannot See", on trauma and resiliency.

Dr. J. Stuart Ablon (<a href="http://www.thinkkids.org/team-members/dr-stuart-ablon/">http://www.thinkkids.org/team-members/dr-stuart-ablon/</a>) presented August 19, 2019 on Collaborative Problem Solving in relation to discipline. The District is implementing professional development on both topics in an intentional way throughout this year. This will be a multi-year effort.

Manager of Social and Emotional Learning (SEL), Maura Mahoney, will continue to work with Dr. Forkey and other community partners on the district's "Building Resiliency" initiative. Staff will receive information and discuss application in their building context at staff meetings. The child study staff will be specifically trained to facilitate this work at their building meeting.

The schedule is:

First Monday Principal Meeting- Monday, September 9
Training on ACES

First Monday Principal Meeting-November 4 Training on anxiety

First Monday Principal Meeting- January 6 Joe Rustuccia

First Monday Principal Meeting- March 2 Training on Mindfulness

First Monday Principal Meeting- May 4 Problems of Practice, Protocol and Reflections

The Special Education, Social and Emotional Learning, and Guidance Department are currently coordinating with Dr. Ablon to develop pilot implementation sites with the training and coaching from his organization. Several schools have expressed interest in piloting the approach.

Both initiatives will be reviewed in the spring along with identified staff needs in relation to the topics to inform planning for the SY 20-21.

## Here are some updated schedules

11/4

SEL staff will present a 45 minute video on anxiety. Heather Forkey and UMASS team will present and this will be recorded.

SEL staff will have PD by UMASS on 10/11

1/6/20- SEL staff will present 45 minute video on Mindfulness for teachers. This is a prerecorded session from Jennifer Eaton from Open Sky.

3/2/20 SEL staff will present a 45 minute video on using predictable routines to support student transitions. This will be provided by Dr Forkey and UMASS team

5/4 Best Practices/review TBD