

## **Revised Sample Middle School Student Schedule – TWO-WEEK CYCLE (A)**

Time	Block	Monday	Tuesday	Wednesday	Thursday	Friday
8:47 – 9:02 (15 min)		Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
9:02 – 9:08 (6 min)		Transition Time	Transition Time	Transition Time	Transition Time	Transition Time
9:08 – 10:14 (66 min)	1	Period 1	Period 2	Period 1	Period 2	<b>PERIOD 2</b>
10:14 – 10:20 (6 min)		Transition Time	Transition Time	Transition Time	Transition Time	Transition Time
10:20 – 11:26 (66 min)	2	Period 3	Period 4	Period 3	Period 4	<b>PERIOD 4</b>
11:26 – 12:19 (53 min)		Independent Study	Independent Study	Independent Study	Independent Study	Independent Study
12:19 – 12:49 (30 min)		Lunch	Lunch	Lunch	Lunch	Lunch
12:49 – 1:55 (66 min)	3	Period 5	Period 6	Period 5	Period 6	Independent Class Work/Projects/Virtual Field Trips
1:55 – 2:01 (6 min)		Transition Time	Transition Time	Transition Time	Transition Time	
2:01 – 3:07 (66 min)	4	Period 7	<b>PERIOD 1</b>	Period 7	<b>PERIOD 3</b>	
3:07 – 3:40 (33 min)			Extra Help Sessions	Extra Help Sessions	Extra Help Sessions	

### **Remote School Year Schedule Instructional Minutes (over two-week cycle)**

**Synchronous** = (150 minutes homeroom) + (66 minutes x 4 days x 7 classes) + Tues/Thurs blocks (66 minutes x 4) + Friday blocks (66 minutes x 3) =  
**2,460 synchronous minutes/10 days (41 hours/10 days); Asynchronous** = 890 minutes  
 Total Instructional Minutes = 3,350 (55.8 hours/10 days)

## ***Revised* Sample Middle School Student Schedule – TWO-WEEK CYCLE (B)**

Time	Block	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8:47 – 9:02</b> <b>(15 min)</b>		Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
<b>9:02 – 9:08</b> <b>(6 min)</b>		Transition Time	Transition Time	Transition Time	Transition Time	Transition Time
<b>9:08 – 10:14</b> <b>(66 min)</b>	1	Period 1	Period 2	Period 1	Period 2	<b>PERIOD 6</b>
<b>10:14 – 10:20</b> <b>(6 min)</b>		Transition Time	Transition Time	Transition Time	Transition Time	Independent Study <b>10:08-12:17 (129 min)</b>
<b>10:20 – 11:26</b> <b>(66 min)</b>	2	Period 3	Period 4	Period 3	Period 4	
<b>11:26 – 12:19</b> <b>(53 min)</b>		Independent Study	Independent Study	Independent Study	Independent Study	
<b>12:19 – 12:49</b> <b>(30 min)</b>		Lunch	Lunch	Lunch	Lunch	Lunch
<b>12:49 – 1:55</b> <b>(66 min)</b>	3	Period 5	Period 6	Period 5	Period 6	Independent Class Work/Projects/Virtual Field Trips
<b>1:55 – 2:01</b> <b>(6 min)</b>		Transition Time	Transition Time	Transition Time	Transition Time	
<b>2:01 – 3:07</b> <b>(66 min)</b>	4	Period 7	<b>PERIOD 5</b>	Period 7	<b>PERIOD 7</b>	
<b>3:07 – 3:40</b> <b>(33 min)</b>			Extra Help Sessions	Extra Help Sessions	Extra Help Sessions	

**Remote School Year Schedule Instructional Minutes (over two-week cycle)**

Synchronous = (150 minutes homeroom) + (66 minutes x 4 days x 7 classes) + Tues/Thurs blocks (66 minutes x 4) + Friday blocks (66 minutes x 3) =  
**2,460 synchronous minutes/10 days (41 hours/10 days);** Asynchronous = 890 minutes  
 Total Instructional Minutes = 3,350 (55.8 hours/10 days)

## ***Revised* Sample High School Student Schedule – TWO-WEEK CYCLE (Week A)**

Time	Block	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7:20 - 8:30 (70 min)</b>	1	Period 1	<b>PERIOD 1</b>	Period 1	<b>PERIOD 2</b>	<b>PERIOD 4</b>
<b>8:30 - 8:40 (10 min)</b>		Transition	Transition	Transition	Transition	Transition
<b>8:40- 9:50 (70 min)</b>	2	Period 2	Period 4	Period 2	Period 4	<b>PERIOD 5</b>
<b>9:50 - 10:43 (53 min)</b>		Independent Class Work	Independent Class Work	Independent Class Work	Independent Class Work	Independent Class Work
<b>10:43 - 11:13 (30 min)</b>		Lunch	Lunch	Lunch	Lunch	Lunch
<b>11:13 - 12:23 (70 min)</b>	3	Period 3	Period 5	Period 3	Period 5	Independent Class Work/projects/Virtual Field Trips
<b>12:23 - 12:33 (10 min)</b>		Transition/Class Preparation	Transition/Class Preparation	Transition/Class Preparation	Transition/Class Preparation	
<b>12:33 - 1:43 (70 min)</b>	4	Period 6	Period 7	Period 6	Period 7	
<b>2:00 - 2:40 (40 min)</b>			Extra help sessions	Extra help sessions	Extra help sessions	

### **Revised Remote School Year Schedule Instructional Minutes (over ten days)**

**Synchronous** = (70 minutes x 4 days x 7 classes) + Tues/Thurs blocks (70 minutes x 4) + Friday blocks (70 minutes x 3) =  
**Synchronous 2,450 minutes (40.8 hours/ten days)** Asynchronous = 910 minutes every ten days  
 Total Instructional Minutes every two weeks = 3,360 (56 hours)

## ***Revised* Sample High School Student Schedule – TWO-WEEK CYCLE (Week B)**

Time	Block	Monday	Tuesday	Wednesday	Thursday	Friday
7:20 - 8:30 (70 min)	1	Period 1	<b>PERIOD 3</b>	Period 1	<b>PERIOD 6</b>	<b>PERIOD 7</b>
8:30 - 8:40 (10 min)		Transition	Transition	Transition	Transition	Independent Class Work <b>8:30 – 10:43</b>
8:40- 9:50 (70 min)	2	Period 2	Period 4	Period 2	Period 4	
9:50 - 10:43 (53 min)		Independent Class Work	Independent Class Work	Independent Class Work	Independent Class Work	
10:43 - 11:13 (30 min)		Lunch	Lunch	Lunch	Lunch	Lunch
11:13 - 12:23 (70 min)	3	Period 3	Period 5	Period 3	Period 5	Independent Class Work/projects/Virtual Field Trips
12:23 - 12:33 (10 min)		Transition	Transition	Transition	Transition	
12:33 - 1:43 (70 min)	4	Period 6	Period 7	Period 6	Period 7	
2:00 - 2:40 (40 min)			Extra help sessions	Extra help sessions	Extra help sessions	

### **Revised Remote School Year Schedule Instructional Minutes (over ten days)**

**Synchronous** = (70 minutes x 4 days x 7 classes) + Tues/Thurs blocks (70 minutes x 4) + Friday blocks (70 minutes x 3) =  
**Synchronous 2,450 minutes (40.8 hours/ten days); Asynchronous = 910 minutes every ten days**  
 Total Instructional Minutes = 3,360 minutes/10 days (56 hours/10 days)