



Ages 8+

To register for a free introductory class or for more information call Ron Teixeira at 508-864-6895 or register at the front desk.

Uniforms are available for purchase after the first month of instruction.

# Worcester JCC Karate Club

*Traditional instruction in the Japanese art of Wado-ryu Karate.*

Classes emphasize conditioning, discipline and character development. The karate program is ideal for highly motivated individuals interested in challenge and the confidence that results from real achievement.

## Class schedule:

**Wednesday, 6pm—8pm**

**Saturday, 9—11:30am**

## Rates:

**\$70 for members / month**

**\$80 for non-members / month**

*Chief instructor: Ronald C. Teixeira*

Former owner/chief instructor of Japan International Karate Center and trainer of 23 national champions in AAU and USAKF competition.

Worcester



633 Salisbury Street, Worcester

Web: [worcesterjcc.org](http://worcesterjcc.org)

Phone: 508.756.7109 • Fax: 508.754.3373