



Dear K-6th grade caregivers,

During the 2022-23 school year, the Worcester Public Schools will be implementing health education lessons for grades K-6. These will include lessons from Advocates for Youth's *Rights, Respect, Responsibility* (2 lessons in grades K-1, 5 lessons in grades 2-6) and other comprehensive health lessons. District-approved curriculum is mapped to national standards, is age-appropriate, medically accurate, and taught by licensed health teachers using the best practices for health education. Health lessons are designed to support students to build healthy relationships, to communicate effectively, to make good decisions about keeping safe, and to treat themselves and others with dignity and respect.

Instructional materials for the *Rights, Respect, Responsibility* curriculum are available for review on the Worcester Public Schools website. The details of the lessons, including instructional materials, will also be available at **your school** during Know Your School Night on **date**. At that time you will have the opportunity to meet and hear from your child's Health teacher.

Worcester Public Schools is committed to partnering with caregivers in supporting and educating their children, providing opportunities to learn about the health curriculum, and providing supplementary instructional materials to support at-home conversations about your child's health and well-being.

Caregivers may choose to opt their student out of the *Rights Respect Responsibility* unit (Mass.Gen.Laws Ch.71§ 32A). If you do not want your student to participate in these lessons, please send in the form below. If you are undecided, you are welcome to wait until after you meet with your child's Health teacher. If no form is received, the student will be included in all units of Health.

We look forward to partnering with you and your children to teach them essential life skills.

Sincerely,

*Principal's Signature*

**Principal's Name**  
Principal

*Teacher's Signature*

**Teacher's Name**  
Health Teacher

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**Check ONE:**

- ☐ I **WANT** my child to participate in *Rights, Respect, Responsibility* lessons.
- ☐ I **DO NOT WANT** my child to participate in *Rights, Respect, Responsibility* lessons.

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Printed Student Name

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Parent Signature

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Date

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